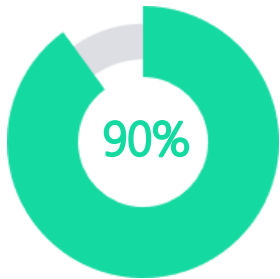


COLORECTAL CANCER RISK FACTORS

Colorectal cancer is the 3rd most commonly diagnosed form of cancer in the United States. It is also one of the most preventable. Timely screenings and an understanding risk factors can help prevent its development.



AGE

90% of colorectal cancer diagnoses occur in patients over

50 Years Old



IBD

Conditions like crohn's disease and ulcerative colitis increase risk

TYPE II DIABETES

Patients with type II diabetes are at an increased risk.

LIFESTYLE

These controllable lifestyle factors can influence your risk of colorectal cancer.



Weight



High Fiber Diet



Physical Activity



Alcohol Consumption



Tobacco Use



Insufficient Water Intake

RACE

Incidence and mortality rates for colorectal cancer are highest among African Americans.

FAMILY HISTORY

Nearly 1 in 3 cases occurs in those with a family history of the disease.