Create a culture of WELLNESS within your organization.

WELLNESS WORKS offers onsite wellness solutions within all industry setting for any organization’s unique wellness needs. The onsite services in which we specialize provide the customized, genuine, and personal wellness outreach that employee populations of every health status require. Our goal is to help employers evaluate their company’s current health status, and determine how our services can ensure a healthier and happier workforce in the future. SIHO’s wellness services are offered on an individual basis, or within a packaged program structure.

Our SCREENING capabilities include...

- Health Risk Assessments
- Biometric Screenings
- Tobacco Screenings
- Diabetes Screenings

Our WELLNESS COACHING and EDUCATION capabilities include...

- Personal Health Coaching
- Lunch-and-Lears
- Tobacco Cessation Courses
- Group Education Presentation Series
- Ask-A-Nurse Days

We can also help employers structure and energize their WELLNESS PROGRAMS through...

- Group Wellness Challenges
- Promotional Material Production & Distribution
- Health Fair Coordination
- Wellness Program Coordination Education
- Wellness Deductible Credit Program Administration

All of our wellness services are accompanied by AGGREGATE REPORTING to guide employers towards only the most impactful solutions specific to their population.

SIHO’s team of WELLNESS NURSES also work hand-in-hand with SIHO Account Managers and Case Managers, as well as other existing staff from partnering organizations such as onsite clinics or health centers. Our first priority is to provide quality care that is seamlessly integrated with all levels of service that are currently provided for the benefit of the organization and the employees.

For information or to receive a custom proposal, please contact
Amy.Phillips@siho.org  812.378.0709    812.344.9820
In the expanding world of corporate wellness, many companies are spending time discovering which approach works best for their employees. Every organization is different, and many require a variety of different strategies to truly engage and impact their population. Although there are many unique wellness opportunities available today, none are as intimate and genuine as being able to build a personal relationship through IN-PERSON INTERACTIONS...

Our WELLNESS WORKS staff receives extensive training and certifications to ensure that we are delivering high-quality wellness coaching, in order to build the trust in our clients that is needed to promote impactful behavior change in a safe and healthy environment...

The following services are delivered onsite in any workplace setting, and provide one-on-one time between employees and our Wellness Nurses:

- BIOMETRIC SCREENINGS
- DIABETES SCREENINGS
- TOBACCO SCREENINGS
- PERSONAL HEALTH COACHING
- ASK-A-NURSE DAYS
- TOBACCO CESSATION SUPPORT

We also deliver services that promote education and growth in a groups setting, in order to promote camaraderie and create a supportive and energized culture of wellness...

- LUNCH-AND-LEARNs
- GROUP EDUCATION PRESENTATIONS
- TOBACCO CESSATION COURSES
- GROUP WELLNESS CHALLENGES

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An established name in WELLNESS

RECENT AWARDS

Wellness Council of Indiana
Indiana Business Wellness Certification 3 Star Status 2008
Indiana Business Wellness Certification 4 Star Status 2009
Indiana Business Wellness Certification 5 Star Status 2010-2012

American Heart Association Fit Friendly Company
Gold Status - 2013

Schneck Business Health Award

Indianapolis Business Journal: Finalist for Indiana’s Healthiest Employer

Indiana State Department of Health Certified Wellness Program/Vendor

RECENT PUBLICATIONS


SIHO continuously strives to maintain a robust and high-quality internal wellness program for our employees, and has gained valuable experience in wellness program coordination and maintenance over the last 7 years of our program’s existence.

Since cultivating a rich culture of wellness within our organization, we have seen decreases in many unhealthy factors within our employee population, including:

- Elevates Coronary Risk
- Low Nutritional Status
- High Blood Pressure
- Tobacco Usage
- Elevates BMI/Obesity